

# FOOD & NUTRITION

## HOMework YEAR 7-TERM 3

*Complete the following activities for homework, in a project format. It can be word processed or handwritten.*

NAME AND FORM: .....

DATE FOR HANDING IN: .....

# **Brief: Store Cupboard Cookery**

*Look in your food cupboard and fridge at home, make a list of all the ingredients and plan a recipe which uses these ingredients to make a light lunch for your family, showing cooking skills.*

## ***TASK 1***

### ***RESEARCH A SUITABLE RECIPE***

*Show the recipe for your dish which includes an ingredient list, an equipment list and the method for making.*

## ***TASK 2***

### ***PREPARATION AND COOKING***

*Make the dish and show labelled photos or drawn pictures/diagrams of each stage of preparation, cooking and also of the finished dish.*

## ***TASK 3***

### ***HYGIENE AND SAFETY***

*Give the hygiene and safety instructions for each stage of the preparation and cooking process.*

## ***TASK 4***

### ***EVALUATION***

*Complete an extended piece of writing which gives an evaluation of your dish (see level descriptors for literacy attached). Ask your family to give feedback on the appearance, texture and flavour, analyse the results with pie or bar charts and give a final conclusion with suggestions for improvement.*

### ***EXTENSION TASK***

*Make a starter or dessert to go with your lunch.*

# FOOD & NUTRITION HOMEWORK MARKING

	Grade 1-3	Grade 4-5	Grade 6-9
<b>Research</b>	I can use 1 or 2 research methods	I can use 3 or more research methods	I can use a wide variety of research methods
	I can show results in a tally chart	I can show results in pie or bar charts	I can show results in pie or bar charts and analyse findings
	I can write a brief conclusion	I can write a detailed conclusion suggesting some improvements	I can write a detailed conclusion and explain improvements

## THE LITERACY PYRAMID

*I can:*

### ***9-10 marks***

*Write in an engaging style appropriate to the task with a variety of the task with a variety of sentence types. Use a full range of punctuation accurately to improve the style and effect of my writing. Always spell accurately.*

### ***7-8 marks***

*Use different types of sentence to engage the reader. Use all common types of punctuation correctly, including colons and semi-colons. Spell most words accurately, including technical vocabulary.*

### ***5-6 marks***

*Use different types of long complicated sentence. E.g. "Suddenly, without any warning, I heard a terrible scream." Always use full stops, commas, question marks, and speech marks correctly. Spell commonly used words correctly all of the time; usually spell more difficult words correctly.*

### ***3-4 marks***

*Use longer, more complicated sentence. E.g. "I opened the door and stepped in the dark house." Use capital letters, full stops, commas and question marks accurately most of the time. Spell common words accurately most of the time; spell some difficult correctly.*

### ***1-2 marks***

*Use simple sentences that are sometimes made longer with words like "and", "but" and "because". E.g. "I visited the big old house". Write in sentences that use punctuation like full stops, commas and question marks, although sometimes with mistakes. Spell simple words correctly.*

## ***Marking Criteria***

*Research Methods*

*Topic Covered*

*Results & Conclusions*

*Presentation*

*Overall grade*

## ***Research Methods***

*Internet*

*Questionnaires & Surveys*

*Books & Magazines*

*Own product making and testing with experimentation and analysis*

*Interviews*

*Comparisons*

*Nutritional analysis*